

Mobile Health Camp for internally displaced women and children

Project Reference: 158

► How will this project help?

In this remote area there are many families who are landless and homeless as a result of the current conflict which is affecting many rural areas of Nepal. Many of these people have been displaced from their villages and are forced to work as labourers on the river bank in order to afford their daily food needs. Their children are not able to go to school and in most cases the children must help their parents with their work. Their main occupation is collecting sand and stone from the river to make aggregate. This work in the river, combined with the lack of sanitation facilities or safe drinking water poses a major health risk. Water related diseases are prevalent in Nepal, particularly amongst children and diarrhoea is the major cause of death of children under the age of five. These unnecessary deaths can be prevented with the correct treatment, and although the medicine itself is not expensive (only 15p per child for a packet of oral rehydration salts) these families cannot afford to go to the city to get the medicine or to visit a doctor if their child becomes unwell. The cost of seeing a doctor in Nepal is relatively expensive even for people earning an average wage, but for these people it is beyond their reach. This project will organise a 5 day mobile health camp that will benefit more than 250 women and children by providing a health check and distributing free medicines. These families are already under extraordinary pressures in order to simply survive each day and they urgently need outside support. This project will help address some of their immediate health concerns.

► Cost of Project

Cost breakdown

Doctor fees 2 x 4000/day x 5 days = 40,000 NRS
Oral Rehydration Salts 500 x 15 = 7500 NRS
Other Medicine = 50,000 NRS
Transportation Costs = 10,000 NRS
Implementation cost = 5000 NRS
Bank transfer rate = 350 NRS
Total cost of project in local currency = 112850 NRS

► Who needs help with this Project?

Homeless and Internally displaced people in Dhading district

► Where is this project needed?

Dhading District, Nepal



► Nepal Factfile

- ◆ Population: 23.1 million
- ◆ Average annual income: US\$ 220
- ◆ Often described as the "country of villages" with over 80 % of the population living in over 40,000 villages, some of which are located in remote mountainous regions.
- ◆ Only 28% of the population have access to adequate sanitation
- ◆ Every year 35,000 children still lose their lives due to diarrhoea.
- ◆ 76% of adult females are illiterate



Did you know... The population-per-doctor in Nepal is about 18,000, in the UK it is about 800. Not only is there a massive shortage of doctors, but also, 90% of the doctors in Nepal are based in the cities and yet nearly 90% of the population lives in rural areas.

► **Total Cost of Project in Pounds =**
£940.42